KANGEN WATER

EDUCATION

The Freedom Era

Congratulations on becoming part of the Enagic® family! The Enagic® motto is 'Change your water... Change your life!'™ and you're about to experience that firsthand.

This booklet will help ensure you keep your Enagic® investments clean and functioning at their best, so you can too.

Firstly, when you open your product, save the paperwork that comes with it. This will list your Distributor ID number and serial number of your unit for warranty purposes.

Depending on where you are in the world, you will also receive some instruction manuals provided by your local Enagic® office.

If you purchased a water ioniser, you will also receive extra attachments and supplies you need to install and maintain your ioniser. Enagic makes an effort to provide attachments to fit a variety of taps and faucets. If you find that none of the attachments fit your particular situation, you may find a solution here: https://kangenkonnect.com/

Your first stop is to follow the instructions to install your ioniser. Then, it's time to start using it.

Drinking Kangen Water™

We bet you can't wait to start consuming this life-changing water. If you are new to drinking Kangen Water™, it's recommended to start by drinking 8.5pH. This is this is the water with the lowest charge and is least likely to initiate a detox.

If after consuming 8.5pH for a few days and you haven't experienced a detox, you may want to move up to 9.0pH, and then 9.5pH a few days later. This is the water with the most charge.

It's important to know that everybody responds differently. While the goal for many is to drink 9.5pH, it is not essential. If your body feels better drinking 9.0pH water, then stay there. Listen to your body.

Also, be aware that just because someone is your partner, child, mother, etc., doesn't mean they will have the same results. Allow everyone in your household to experience their own journey with the water.

If you do experience a detox reaction, it may show as headaches, a change in bowel functions, increased thirst and water intake, as well as an increase in urine output.

This usually won't last longer than 4-5 days on a new level of water. If at any stage you are concerned or your body doesn't feel right, drop the 'charge' level of water you are drinking.
If necessary, consult your healthcare provider, although be aware that removing toxins from your body is good for your overall health.

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Caring for Your Enagic® Ioniser

Your ioniser is an asset you own to help you and your family thrive, so it is in your best interest to take good care of it.

There are three main ways that an ioniser can be damaged:

1. Dropping your ioniser. This may seem obvious but this is the way you will do most damage. Dropping it can break the outer casing and damage the computer electronics on the inside. Be sure to install it in a safe, sturdy place (not on the edge of a bench or wobbly shelf) out of reach of children or animals that have a tendency to pull on cords.

2. Hot Water. Running hot water through your ioniser is not good for it. The ionisers all have a 'hot water' sensor, which notifies you when hot water is run through your ioniser. While a little hot water over the main ioniser 'plates' isn't the end of your ioniser; it will drastically reduce the life of the filter inside your ionizer. The filtration components are not designed to have hot water through them and will break down, potentially putting the 'nasty stuff' they filtered out, back into your water.

3. E-Clean. Not performing an E-clean at least every month will highly likely end up in mineral buildup on the ioniser plates and potential mould throughout the ioniser, more so the water outlet lines. More on the E-clean is listed below.

How To Clean Your Ioniser

The care and maintenance performed on your Enagic® products will prolong their life to ensure you and your family have access to the best products for wellbeing. There are 3 at-home cleans essential to maintaining the health of your ioniser.

Auto-clean

The first of these clean is an automatic one that is programmed into the ioniser. You will notice that it happens when one of the following three things occurs:

- 24 hours of no use
- 15 minutes of continuous use
- 30L of water through the ioniser

The K8 ioniser performs a programmed clean when the water from the tap/faucet is stopped. A notice on the screen will say 'Cleaning' and it'll let you know once it has finished.

Other ionisers will show a notice that says, 'CLEANS' and will flash. Let the water run through the ioniser until it returns to 'Kangen Water™', which is approx. 30 seconds. This is reversing the polarity on the ioniser plates to help reduce mineral build-up.

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Beauty Water

The second recommended clean is running the 'Beauty Water' (6.0pH) for at least 15 seconds each day. This works on the same principle as the clean above by reversing the charge through the plates and reducing mineral build up. It is also a great time to wash your face in the morning. Add this to your routine and it won't ever feel like maintenance.

E-Clean

The third process is the E-clean. The E-clean is the most important clean to perform yourself. To perform an E-clean you need to have the following:

- Enagic® cleaning citric acid (sachets or powder)
- Cleaning cartridge (CPU)
- Red plugs to block the hoses

You would have received these in the box with your ioniser, though it is always recommended to have an extra supply of e-cleaning powder (you can order this from your local Enagic® office either online or via paperwork).

An E-clean takes about 5 minutes to set up, 3 hours to clean, and 5 minutes to pack down. The best time to do this is when you're leaving the house for a few hours or to clean overnight.

The setup for each ioniser is slightly different, so please refer to the instructions for your individual ioniser. You can also search YouTube or Google for the name of your ioniser with the words "how to e-clean".

E-cleans are recommended a minimum of every 2 - 4 weeks depending on the quality of your source water. If you have 'soft water' or pre-filtration before the water goes into your ioniser, then you could stretch the E-clean out to 4 weeks, but for any water source that is 'hard' (high mineral content), it is recommended every 2 weeks.

If you notice your water tastes slightly different, it's likely your ioniser needs a clean. There is a final type of clean that is recommended to ensure the best health of your ioniser and that is called a deep clean.

Deep Clean

Deep cleans are performed at Enagic® offices by their maintenance team. They are a high-powered constant flush.

It is recommended that you send in your machine for a deep clean once a year, depending on your proximity to the nearest service centre, and how well you maintain your ioniser. Be sure to keep the packaging your machine is delivered in,

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Deep Clean (continued)

so you can pack it properly when sending.

The K8, SD501 and SD501 Platinum ionisers have 5 year warranties, while the JRIV and Super501 have a 3 year warranty. The LeveLuk R and JRII ionisers, now discontinued, had 3 year warranties.

Your warranty is unaffected by the frequency of deep cleans, though getting a deep clean and ioniser check before your warranty runs out is highly recommended. Some people are a significant distance from the nearest service centre, so the cost and risk of damage in transport makes yearly deep cleans unrealistic.

To organise a Deep Clean you need to locate and contact your nearest Enagic® office or log in to EWS and locate the paperwork. Depending on which country you are in, the form will be called 'Service Repair Request' or some version of those words.

If you are unsure of how to contact your nearest Enagic® office please visit: https://www.enagic.com/en_UK/contact and search your location.

There will be a fee for this service, again depending on which country you are in but the Enagic® office will let you know the price before you send it or when you drop it in.

When sending your machine into get a deep clean Enagic® Australia requests the following:

- Remove the enhancer tank and adapters.
- Include the ioniser with filter installed.
- Fill out your payment details.

Please check with your nearest office and their paperwork for any other requests. Contact your nearest office BEFORE you send your machine to them. They will share the approximate turn around time, cost and if there is anything else required from you.

When packaging your machine please empty out as much water as you can and cap the ends of all hoses with the red caps that came with your machine or tape. Package your machine as tight and secure as you can with padding. Enagic® does not take any responsibility for damage in transit.

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Caring For Your AnespaDX

The AnespaDX shower unit is a fairly low maintenance product. Unlike an ioniser, the AnespaDX is designed to have hot water run through it and has no electrical parts.

Cleaning The Shower Head

The holes in the shower head can block due to mineralisation, which makes for an uneven flow. When you receive your AnespaDX you will also receive a plastic 'key'. It is a circle with a handle, specifically designed to allow you to undo the plastic bottom of the shower head to clean it. The simplest way to clean this part is to soak it in white vinegar to remove the build up blocking the holes.

Cleaning the External Casing

Your AnespaDX may attract a mineral film which builds up on the outside of the unit. While this won't impact the effectiveness of the Anespa, it can lead to the breakdown of the casing and it definitely doesn't look pretty. Most build up can be cleaned with white vinegar, 11.5ph or whatever you normally use to clean your shower tiles.

Filters

All Enagic® ionisers and the AnespaDX have filters in them. All filters have a lifespan in both time and water litrage.

The K8 ioniser calculates the lifespan of the internal filter. It allows you to see how much time and water litrage remains via the LCD screen. It will notify you, 'Replace Filter', when you need to replace the filter. The internal filter lasts for 12 months or 6000L, whichever comes first. Watch this video to learn how to change your filter.

All the other Enagic® ionisers will tell you when the filter has reached 6000L of water but they don't calculate the time. It will notify you, 'Replace Filter', when you need to replace the filter. The internal filter lasts for 12 months or 6000L, whichever comes first.

The AnespaDX Purifying Cartridge (outside) lasts 6-12 months and the AnespaDX Ceramic Filter (inside) lasts 2-3 years, both depending on water quality.

You can purchase filters from your local Enagic® office and distribution centre through their online store or an accessories/supplies form.

It is important to note that once a filter has reached the end of its lifespan it will begin to be ineffective and in some cases break down, releasing the particles it had previously filtered out back into the water. For the best quality water it is important to ensure you always have a clean filter.

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Pre-Filtration

Enagic products are designed for the global market, where water source and quality differs greatly. Enagic® also produce pre-filters which allow extra contaminants to be removed from your water, depending on your needs.

BLACK - chloramine
BLUE - sediment
GREEN - ion exchange, softener
GREY - fluoride reduction
PURPLE - triple sediment, taste and odour controlling, chlorine reduction filter
ORANGE - acid neutraliser

Refer to the supplies tab on your local Enagic website for more information on how to order.

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