

60+ USES

Kangen Water™

eBook



DISCLAIMER

This document is for educational purposes only and should not be interpreted as medical advice, health claims, treatment claims, or guarantees of wellness outcomes. Enagic® products are not intended to diagnose, treat, cure, or prevent any condition, and all product uses must follow Enagic's official guidelines.



NOT ALL WATER IS CREATED

equal



Create oxidised to alkalised waters for low-tox, eco and health conscious living from your kitchen tap.

Nourish your body with filtered electrolysed-reduced water, full of rich hydrogen, free radical scavengers and antioxidants.

Save the planet by reducing plastic waste, chemicals in your home, on your body, in waterways and the ocean.

Save thousands in your lifetime by replacing harmful cleaners and chemicals with non toxic oxidised and alkalised waters from Enagic® ionisers.

ENAGIC® & KANGEN WATER™

Since 1974 Japanese company, Enagic® International has been considered the leader in innovation and production of Japanese medical grade water ionization.

Enagic's® philosophy 'Change your Water, Change your Life™' centres around realising true mental, physical and financial health.

Kangen Water™ is electrolysed-reduced ionised water created by a certified Enagic® Japanese medical grade machine.



STRONG ACIDIC WATER

pH 2.5



Hypochlorous acid is the body's natural immune fighter - a substance produced in white blood cells to keep the body healthy.

It is the anti-microbial ingredient in pH 2.5 electrolysed water, creating a natural disinfectant.

You cannot buy hypochlorous acid (HClO) in the store as it has a limited "shelf life" once produced.

With Enagic® machines, you have access to fresh 2.5 "on tap" to use in your home with the push of a button.

Check out some pH 2.5 uses over the page.

STRONG ACIDIC WATER USES

pH 2.5

- *Kills microbes*

Pre-rinse fruits, vegetables and meat - let them sit for one minute before soaking in pH11.5

- *Disinfecting*

Disinfect anything - pH2.5 is a natural sanitiser and safe to use.

Examples: soaking baby pacifiers & bottles, tweezers, menstrual cups.

- *Household cleaner*

Toilet, shower, bench spray & sink cleaner

- *Anti-bacterial soap & sanitiser*

Use instead of anti-bacterial soap and alcohol based hand sanitiser

- *Hard water spots & rust*

Clean hard water spots off of chrome and rust off of metal

- *Facial lifting & tightening*

Spray face and neck (not eyes) then rub skin upward until dry. Finish with Beauty Water (pH6.0) to tone skin

- *Open wounds & slow down bleeding*

Use as natural disinfectant on cuts/scrapes. (HClO is produced in the body is when you cut yourself. The cells around the cut produce it to clean the wound as well as it aids in clotting.)

- *Brush & gargle*

Use instead of toothpaste & mouthwash. Wait one minute and then rinse with pH9.5 water for 30 seconds to restore the natural pH of your mouth.

- *Nail fungus*

Spray or soak twice a day

- *Sore throat*

Gargle 3-4 times per day or put in spray bottle and spray into throat

- *Blisters & sores*

Spray on infected area

- *Warts*

Soak the gauze pad on a bandaid with pH2.5 and apply over the area. Change the bandaid at least once a day. Often this process requires 30-60 days before seeing results.

- *Blemishes*

Apply to pimples

ACIDIC WATER

pH 6.0

Most source waters in developed countries are highly processed and regulated with chemicals and sit around a neutral pH of 7.0.

The skin's healthy natural pH is between 5.4 - 5.9, which is slightly acidic.

This is why acidic pH water is an effective, natural way to return the skin and hair to its natural pH.

Check out some pH 6.0 uses over the page.



ACIDIC WATER USES

pH 6.0

- *Hair Conditioner*

Spray hair after showering as this conditions your hair. Try not to use conditioner of any kind as this coats the hair

- *Facial Toner*

Replaces commercial skin toners. Use as final rinse in shower or bath to tone and firm skin

- *Rashes & diaper rash*

Spray on skin to soothe and heal rashes, including diaper rash

- *Pets*

Bathe pets for more lustrous coats

- *Plants*

Water indoor and outdoor plants for vigorous growth - can revive dying plants

- *Eggs & Pasta*

Use to boil eggs and pasta

- *Freezing food*

Spray on foods before freezing including fish and shrimp to help food to retain flavour

- *Preserving Anthocyanins*

Washing and preparing fruits and vegetables containing anthocyanins (antioxidants) like plums, grapes, cherries, strawberries, red cabbage, eggplant, soy beans, asparagus

- *Fabric Softener*

Use in rinse cycle - 1 gallon (approx. 4L) per load in the fabric softener dispenser

- *Window/Glass Cleaner*

Replace all window and mirror cleaners with pH6.0. Can also be used on reading glasses and sunglasses

- *Hardwood Floors & Ceramic Tiles*

For polishing and housecleaning: hard wood floors, ceramic tiles and laminate - replace tap water with pH6.0

KANGEN WATER™

pH 9.5

Enagic® machines produce filtered, electrolysed reduced Kangen Water™ for drinking ranging from pH 8.5-9.5.

The internal filter removes remaining chlorine (bleaching powder), effluvium, rust and other impurities yet maintains the essential minerals required for ionisation.

Kangen Water™ is produced through a process of electrolysis which separates the positive and negative ions creating oxidised (bottom hose) and alkalised (top hose) water.

During electrolysis process, water is split into two ions.

Hydrogen ions (H^+) and hydroxide ions (OH^-).

On the primary side of the ionisers chamber, the positively charged hydrogen ions are attracted to the negative electrode (cathode) and gain an electron which becomes a hydrogen atom.

It combines with another to produce a molecule of hydrogen and some of that gas dissolves.

That enriches that side of the chamber with hydroxide ions (alkaline) and hydrogen gas.

KANGEN WATER™

pH 9.5

On the other side of the chamber the negatively charged hydroxide ions are drawn to the positive electrode (anode) and they lose an electron. That makes the hydroxide ion unstable and it splits apart to form an oxygen atom and a hydrogen ion.

Two oxygen atoms combine to form oxygen gas which some dissolves and on that side of the chamber is now enriched with hydrogen ions (acidic) and oxygen gas.

Kangen Water™ has a high negative charge or ORP (Oxidised Reduction Potential) which means it can help reduce oxidative stress to the body.

Unlike bottled "Alkaline" water which is created by adding minerals to the water, because Kangen Water™ is produced through electrolysis, using the existing minerals like Calcium and Magnesium already in the water.

Magnesium carbonate for example, is separated during the electrolysis process with the pure magnesium ions coming out the top hose in the 9.5 drinking water and the carbonate is broken down and comes out the bottom (waste) hose. All the naturally occurring minerals are separated into their pure ionic mineral form for optimal absorption, without the risk of mineral build up in the body.

See additional uses over the page.

KANGEN WATER™ USES

pH 9.0



- *Cooking*

Boil and steam rice, soups and stews with Kangen Water™

- *Tea, Coffee & Cacao*

Boil for hot drinks

- *Aromatherapy*

Put any herb or essential oil such as rosemary or lavender in a glass spray bottle, fill with Kangen Water™ then set for a couple of hours and use as a spritzer in your house for aromatherapy and air freshener

KANGEN WATER™ USES

pH 9.5

- *Electrolysed Reduced Drinking Water*

Kangen Water™ has a high negative charge or ORP (Oxidised Reduction Potential) which means it can help reduce oxidative stress to the body. It is recommend to start drinking ERW of pH 8.5 and gradually work your way up to pH 9.5 over a two week period.

- *Aromatherapy*

Put any herb or essential oil such as rosemary or lavender in a glass spray bottle, fill with Kangen Water™ then set for a couple of hours and use as a spritzer in your house for aromatherapy and air freshener.



STRONG ALKALIZED WATER

pH 11.5



Strong Alkalized Water is a degreaser and oil emulsifier most commonly used for removing oils from fruits and vegetables and household surfaces.

It can be used as a household cleaner, laundry liquid, replace personal care products and so much more.

See additional uses over the page.

STRONG ALKALIZED WATER USES

pH 11.5

- *Washing Fruit & Vegetables*

Soak for a few minutes to remove oil based pesticides and herbicides that are rain/water resistant, then rinse with pH 9.5

- *Rice, Beans & Legumes*

Soak for 5 - 10 minutes and rinse clean with low flow pH 9.5

- *Make Up Remover*

Spray on eyes to dissolve and remove make up



STRONG ALKALIZED WATER USES

pH 11.5



- *Laundry Soap & Stain Remover*

Use 1 - 2L per load in place of laundry soap - works beautifully for greasy smells. For tough stains, spray directly on the stain and rest for a few minutes before washing

- *Stained Rugs & Carpet*

Use as a degreaser for any type of cleaning. Clean oil based stains by soaking the area and letting sit for 10 - 20 minutes and then blot dry

- *Oven Cleaner & Blocked Drains*

Dissolves grease and grime in kitchen - spray, leave for 10 - 20 minutes then use a scratch pad to remove and dry. Pour down drains to remove blockage

- *Polish Silverware*

Soak then polish to dry

- *Remove Sticky Residue*

Removes greasy, gooey, sticky residue off surfaces

- *Tyre Cleaner*

Clean alloy tyres to remove grease and residue



DISCOVER

Enagic's®
Product Range.

WHY WE LOVE ENAGIC®

The human body is comprised of over 70% water and the Enagic® philosophy is "the basis of vitality and long life is water."

For over 45 years, Enagic® International has been the leader in manufacturing water ionization systems that transform regular tap water into pure, healthy, electrolytically-reduced and hydrogen-rich drinking water.

Enagic® machines are 100% hand constructed in Japan and shipped worldwide via 40 offices in 23 locations.

Thousands of people are experiencing the benefits these revolutionary products bring to their health, homes and businesses.

Investing in Enagic® gives you lifetime global distribution rights to a patented direct sales business (DSA certified) with uncapped income potential.



KANGEN K8 MACHINE

Antioxidant Power

The mighty K8 is a mighty antioxidant producer! The K8 water ionizer generates a continuous stream of 5 versatile types of water to meet all your versatile commercial needs: Strong Kangen Water™, Kangen Water™, Neutral Water, Beauty Water, and Strong Acidic Water.

Full Colour LCD Panel

The K8 is extremely user-friendly, thanks to a large full colour LCD panel and clear voice prompts. With just a touch of a button, you can have access to any of the 5 waters you choose. Your machine will confirm the water you have selected with a pleasant voice (she speaks 8 languages), and in moments the machine will generate ionized water through a flexible pipe.

8 Titanium Plates

The K8 is similar to Enagic's® Flagship SD501, but it contains an extra platinum-coated titanium plate. The additional plate means improved water ionization, increase antioxidant production potential, and stable production of pH and ORP at a higher flow rate. The K8 is great for small businesses and families. The K8 comes with a 5 year manufacturers warranty (conditions apply) and recommended lifespan of 15 - 25 years.

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ANESPA DX

Your Home Spa System

Treat yourself to a soothing hot spring experience with the ANESPA DX. With an abundant flow of filtered, mineralised water and a relaxing massage shower head, your bathroom can instantly turn into a calming hot spring oasis. The Anespa generates mineral ion water for your bath and/or shower.

Removes Harmful Substances

The cartridge purification system effectively removes chlorine and bacteria, leaving you with a fresh, invigorating feeling. Protect your delicate skin from the harmful effects of tap water. Active charcoal filter Futama-ceramic inner filter.

Mineral Ion Water

Contains a blend of natural hot spring ingredients and minerals, giving you the feeling that you're enjoying a pleasant hot spring and taking advantage of the mineral ion water. Relax and enjoy!

The Anespa DX comes with a 3 year manufacturers warranty (conditions apply).

